

Stress Awareness Month 2024

Our role as a full service law firm is to help you manage stress, whether in your personal life, professional life, or running your business. The services that we provide are designed to help prevent stress from occurring through foresight, experience, knowledge, and expertise.

This month, take stock of your everyday activities and routines to become aware of the stress that exists and consider whether that stressor could be managed in a different way.

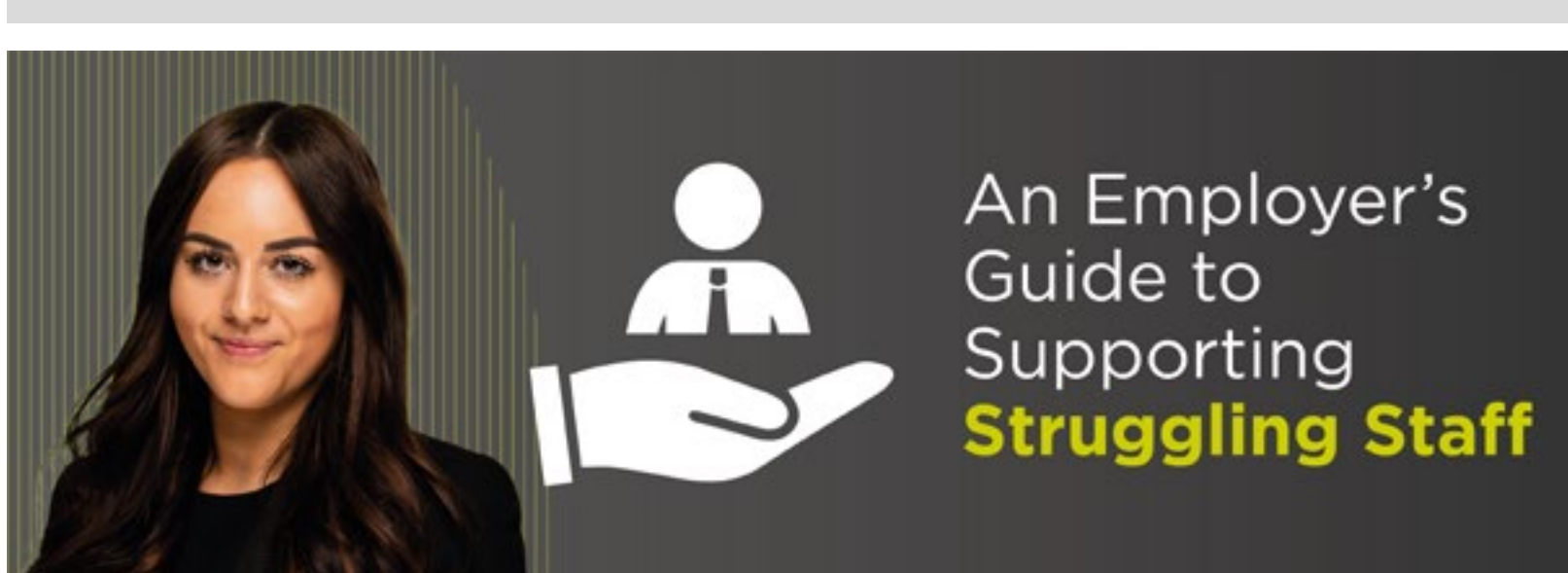
In this newsletter, we look at managing deadlines, supporting struggling staff, and public inquiries, and we announce some great news about what it is like to work at Birkett Long.

The Importance of Managing Deadlines and Preventing Stress



Having well-drafted contracts and updated terms and conditions can save your business from stress and potential financial losses. Reviewing your contracts and protecting your interests can go a long way to helping avoid stressful situations. Read more [here](#).

by Tim Field



An Employer's Guide to Supporting Struggling Staff

Supporting staff who may be struggling at work is crucial for a positive work environment and overall success. Our blog highlights the key strategies to help your team members during difficult times. Read more [here](#).

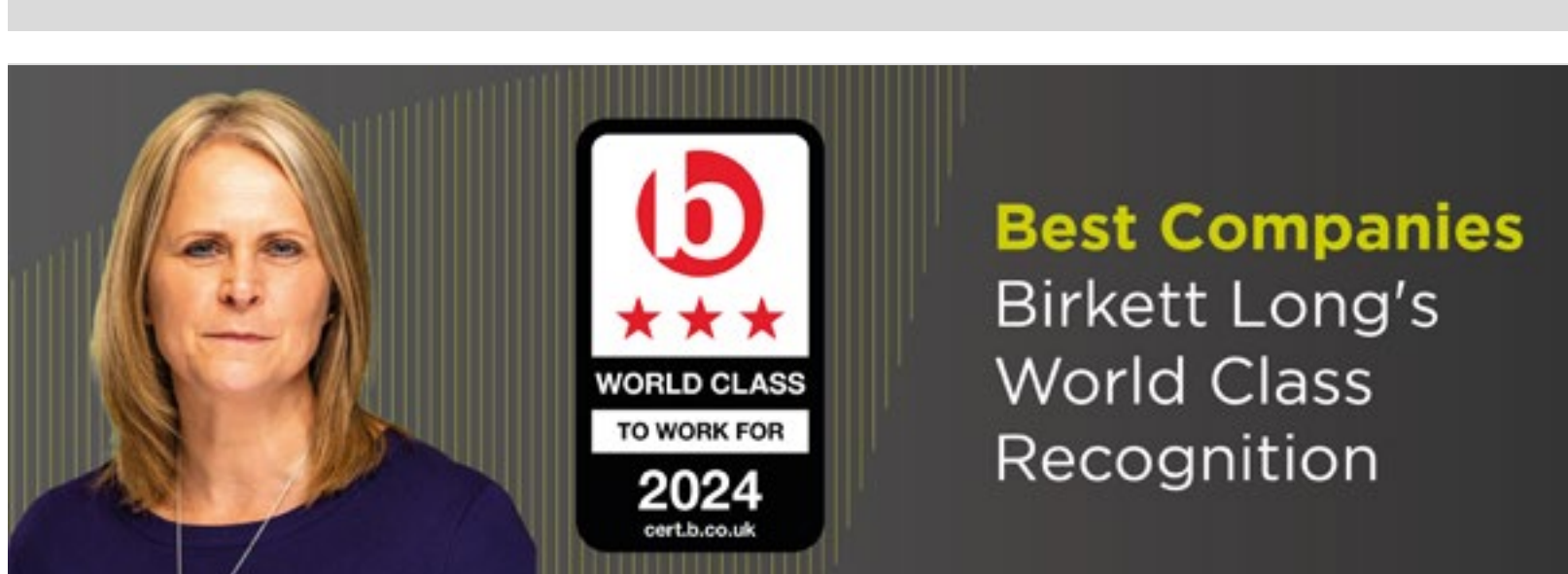
by Rianna Billington-Purvis



Public Inquiries: The Good, The Bad, and The Stressful

Have you ever been called to attend a traffic commissioner's public inquiry? The short notice given for these inquiries can be stressful. Our blog outlines the importance of taking a proactive approach from the outset. Read more [here](#).

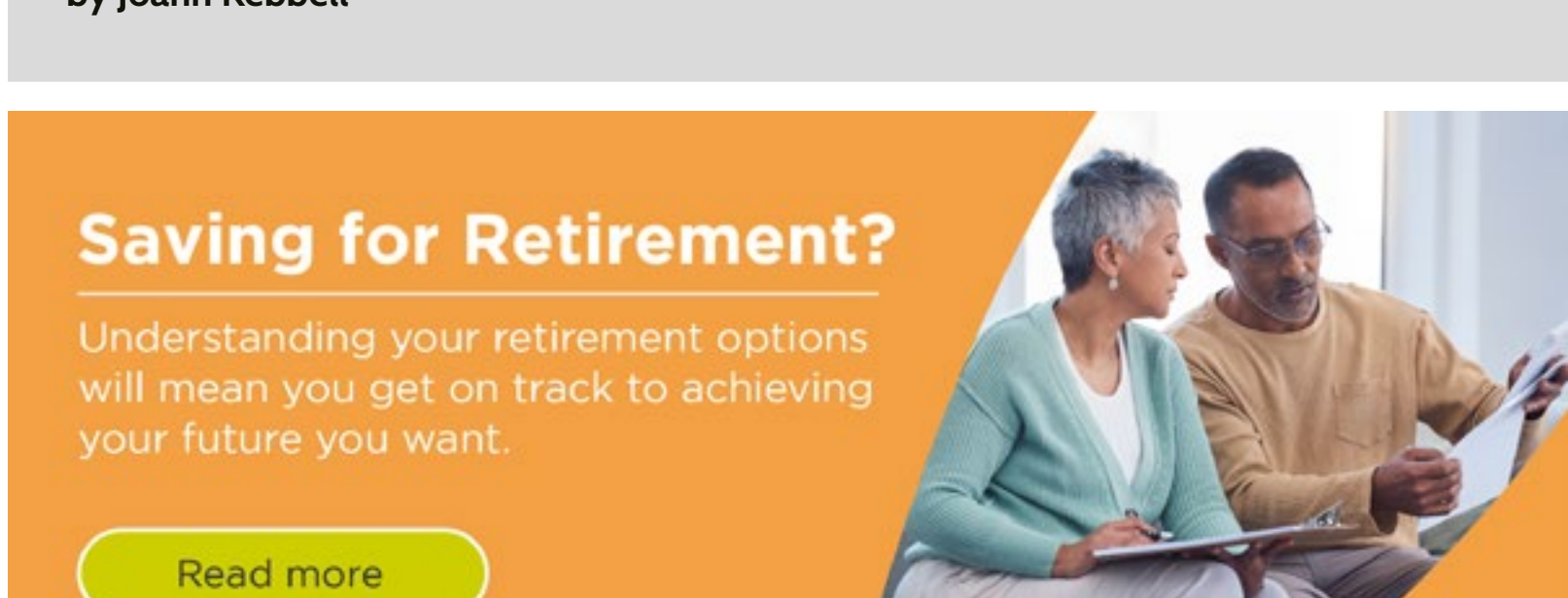
by Tej Thakkar



Best Companies: Birkett Long's World Class Recognition

Birkett Long places a strong emphasis on employee wellbeing and a positive workplace culture. The firm has proudly been recognised as a "World Class Organisation" to work for in the prestigious Best Companies list. Read more [here](#).

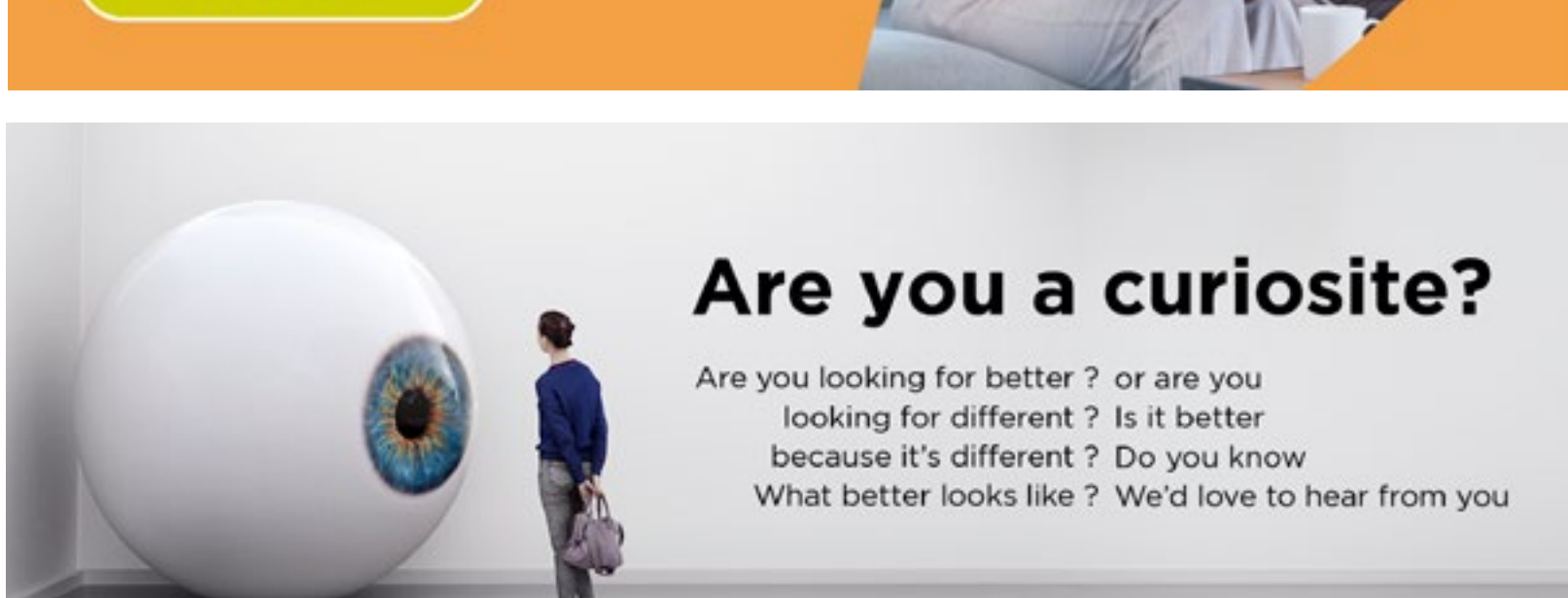
by Joann Kebbell



Saving for Retirement?

Understanding your retirement options will mean you get on track to achieving your future you want.

[Read more](#)



Are you a curiosite?

Are you looking for better ? or are you looking for different ? Is it better because it's different ? Do you know What better looks like ? We'd love to hear from you



- Flexible working changes: employment law update 2024
- Effective performance management for teachers in schools
- Do You Regret Your Choice of Legal Power of Attorney?
- Family Court Fees set to Increase



Education HR Professionals

Webinars
Handling a grievance